



PHYSICAL TRAINING AND SPORTS

Practical example of GRB implementation in Mykolaiv oblast

Program

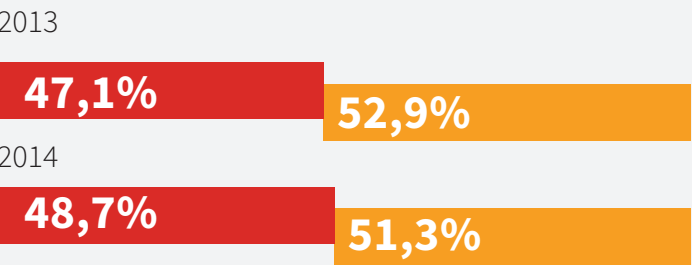
The “Development of Physical Education and Sports in Mykolaiv Oblast for 2014-2018” (“Invasport”) Program

Gender gap

Low level of involvement of girls and women with disabilities in sports and physical activities, which means that most of funding is benefitting men with disabilities.

Statistics

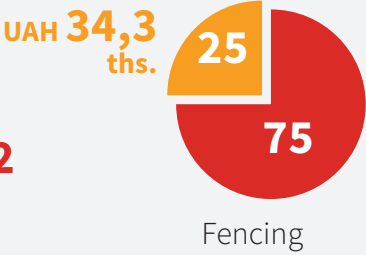
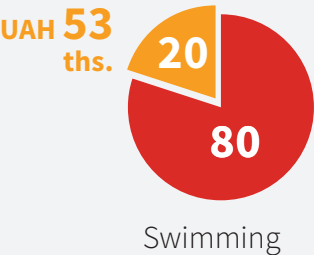
Number of persons with disabilities in Mykolaiv oblast by sex, %. (Social Security Department of the Mykolaiv Regional State Administration).



Even though there are more women with disabilities than men living in Mikolaiv oblast, significantly more men are practicing sports.



Accordingly, expenditures for different types of sports are unevenly distributed, since there are significantly less women with disabilities who are involved in sports.



Recommendations of the working group:

- 1 ensure the accessibility of sports facilities for women and girls with disabilities;
- 2 conduct social advertising in order to attract women and girls with disabilities to sports;
- 3 arrange transportation in urban and suburban areas for people with disabilities, ensure parking spots near facilities, to improve the “barrier-free” sports facilities;
- 4 create sports sections also for girls and boys with disabilities in rehabilitation centers, also for their subsequent engagement in the “Invasport”;
- 5 fund further research of the reason for low participation of women with disabilities in sports and physical activities.



Results

- ✓ number of women engaged in sports increased for almost 6% in 2018 to 31.2% of women compared to 25.5% in previous year;
- ✓ goals and objectives of the programs became specific in addressing gender gaps, responsibilities and expectations are set towards integration of the gender responsive program and budgeting.